



Spiral Staircase

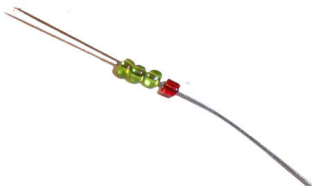
You will need:

- 1 x Reel Nymo Thread
- 1 x Beading Needle
- Twist Colour Seed Beads
- 5g Core Colour Seed Beads

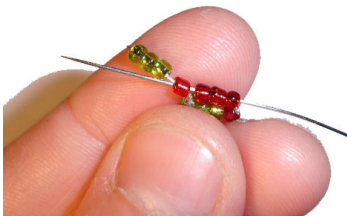
You will be working with two sets of beads, Core Beads which form the middle of the design, and Twist Beads which make the twist design as the length grows. The design can be easily adapted for a bracelet or even earrings.



1. Take a length of Nymo and thread on 4 Core Colour Seed Beads and 3 Twist Colour Seed Beads. Tie the thread in a knot to hold them all together in a circle.



2. Onto your needle thread ONE Core Bead and THREE Twist Beads



3. Going back round into your design from the bottom thread your needle through the last three Core beads and the one new core bead (look at the picture) Pull the thread through so the 3 Twist beads sit along side the core beads.
4. Repeat this step again, so you have two twists of beads laying on top of the Core beads. Always make sure the last line to lay down is the left of the previous one.
5. Repeat until your design is as long as you require. Changing bead colours to suit.